

BREAKFAST 10.00-16.00

SAVORY

ROASTBEEF

Avo-Meerrettich | Parmesan Chips | Wildkräuter | Sauerteigbrot 11
avo horse radish | parmesan chips | wild herbs | sourdough bread

PURPLE SALMON

Avo-Meerrettich | eingelegte Gurken | Remoulade | Sauerteigbrot 11
avo horse radish | pickled cucumber | remoulade | sourdough bread

MASALA FETA

Avocado | Dattel-Chutney | Zwiebeln | Wildkräuter | Sauerteigbrot 9
avocado | date chutney | onions | wild herbs | sourdough bread

ROASTED CAULIFLOWER

Avocado | Hummus | Haloumi | Wildkräuter | Sauerteigbrot 10
avocado | hummus | haloumi | wild herbs | sourdough bread

MISO AUBERGINE vegan

Avocado | Paprika-Creme | Wildkräuter | Sauerteigbrot 9
avocado | paprika cream | wild herbs | sourdough bread

OMELETTE

Avocado | Kartoffeln | Karotten | Aubergine | Sauerteigbrot 9
avocado | potatoes | carrots | eggplant | sourdough bread

POACHED EGGS

Avocado | Zitronengras-Soße | Wildkräuter | Sauerteigbrot 10
avocado | lemongrass sauce | wild herbs | sourdough bread

CHICKEN 'N AVO - WAFFLE

Avocado | Gurken | Creme-Fraiche-Honig-Dip | Wildkräuter 11
avocado | cucumber | creme fraiche honey dip | wild herbs

oder vegetarisch mit Feta 10
or vegetarian with feta

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SWEET

AVO - PANCAKES

Salzkaramell-Soße | Früchtekompott 10

salted caramel sauce | fruit compote

SPIRULINA SMOOTHIE BOWL

Banane | Mango | Kokosnuss | Ananas 10

banana | mango | coconut | pineapple

Toppings

Avocado | Granola | Himbeeren | Chia | Kokosflocken

avocado | granola | raspberries | chia seeds | coconut flakes

DRAGON FRUIT BOWL

Passionsfrucht | Banane | Ingwer | Mango 10

passion fruit | banana | ginger | mango

Toppings

Avocado | Granola | Himbeeren | Chia | Kokosflocken

avocado | granola | raspberries | chia seeds | coconut flakes

SIDES

Avocado | *avocado* 3

Pochiertes Ei | *poached egg* 3

Rührei | *scrambled eggs* 3

Roastbeef | *roastbeef* 4,5

Räucherlachs | *smoked salmon* 4,5

Speck | *bacon* 3,5

Feta | *feta* 3

Sauerteigbrot Scheibe | *sourdough slice* 2

Lunch 12.00-16.00

BBQ TACOS 3 pcs

Avocado-Creme | Hackfleisch | eingelegte Zwiebeln | Koriander 9
avocado cream | minced meat | pickled onions | cilantro

POKE BOWL

Avocado | Graupen | Lachs | Melone | Edamame | Gurken | Peperoni |
Lauchzwiebeln | Koriander 10
*avocado | pearl barley | salmon | melon | edamame | cucumber |
hot pepper | green onions | cilantro*

vegan option: Papaya | *papaya*

AVO - SALAD vegan

Avocado | Feldsalat | Kirschtomaten | Edamame | Radieschen |
Zwiebeln | Sesam 8
*avocado | lamb's lettuce | tomatoes | edamame | radishes | onions |
sesame*

FRIED FETA CIGARS SALAD

Avocado | Oliven | rote Zwiebeln | getrocknete Tomaten | Aubergine 9
avocado | olives | red onions | dried tomatoes | eggplant

AVO - FALAFEL vegan

Edamame | Couscous | Tahini | Radieschen | Feldsalat 10
edamame | couscous | tahini | radishes | lamb's lettuce

SALMON CEVICHE

Avocado | Melone | Gurke | Lauch | Peperoni | Koriander | Maniok 11
avocado | melon | cucumber | green onions | peperoni | cilantro | maniok

vegan option: Papaya | *papaya*

PESTO FUSSILI

Avocado | Kirschtomaten | Parmesan | Walnüsse | Koriander 8
avocado | cherry tomatoes | parmesan | walnuts | cilantro

TERIYAKI CHICKEN BOWL

Avocado | Rahmwirsing | Kichererbsen | Karottensalat | Mango |
Schwarzer Reis 11
avocado | cream savoy cabbage | carrot salad | mango | black rice

SALMON FILET

Avo-Kartoffelstampf | karamalisierte Edamame | Koriander 12
avo mashed potatoes | caramelized edamame | cilantro

DRINKS

HOMEMADES (0,5l)

Ingwer-Limo | *ginger limo* 5

Aloe-Vera-Eistee | *aloe vera ice tea* 5

Yuzu Limo | *yuzu limo* 5

frischer O-Saft | *fresh orange juice* 0,3l / 0,5l 5/6,5

frischer Grapefruitsaft | *fresh grapefruit juice* 0,3l / 0,5l 5/6,5

SMOOTHIES (0,3l)

AVOCADO SMOOTHIE

Avocado | Kondensmilch | Sojamilch 5,5

avocado | condensed milk | soy milk

AVOCADO - MANGO - SMOOTHIE

Avocado | Mango | Banane | Agave | Sojamilch 5,5

avocado | mango | banana | agave | soy milk

BEEREN - SMOOTHIE

Himbeeren | Blaubeeren | Banane | Orangensaft | Joghurt 5,5

raspberries | blueberries | banana | orange juice | yogurt

COFFEE

Cappuccino 3,2

Flat White 3,5

Latte Macchiato 3,5

Americano 2,5

Espresso 2

Double 2,5

Heiße Schokolade | *hot chocolate* 4,5

Avocado Coffee 5,5

Avocado | Kondensmilch | Sojamilch | Double

avocado | condensed milk | soy milk | double

EXTRA

Shot 0,5

Hafermilch | *oat milk* 0,5

Sojamilch | *soy milk* 0,5

TEE

Ingwer-Orangen Tee | *ginger orange tea* 4,5

Grüntee | *green tea* 3,5

Schwarztee | *black tea* 3,5

frischer Minztee | *fresh mint tea* 4

frischer Ingwertee | *fresh ginger tea* 4

Yuzu Tee | *yuzu tea* 4,5

DRINKS

SOFTDRINKS

- Aqua Panna 0,2l / 0,7l 2,5/5,5
- San Pellegrino 0,2l / 0,7l 2,5/5,5
- Something or Nothing Hibiscus Seltzer 4
- Something or Nothing Cucumber Seltzer 4
- Apfelschorle 0,3l 3,5
- Thomas Henry Ginger Ale 0,2l 3,5
- Thomas Henry Tonic Water 0,2l 3,5
- Thomas Henry Spicy Ginger 0,2l 3,5

SEKT

- Mimosa O-Saft | *mimosa orange juice* 7
- Mimosa Grapefruit | *mimosa grapefruit juice* 7
- Sekt | *sparkling wine* 0,1l / 0,7l 6/30

BIER

- Noam Bier 4,5
- Erdinger Hefeweizen 4,5
- Erdinger Hefeweizen alkoholfrei | *non alcoholic* 4,5

WEIN

- Cuvee 0,2l / 0,7l 7/21
- Riesling 0,2l / 0,7l 7/21
- Grauburgunder 0,2l / 0,7l 7/21
- Rose 0,2l / 0,7l 7/21
- Primitivo 0,2l / 0,7l 7/21